

Berdina Postl

Substance Abuse Psychologist

✉ berdina.postl@gmail.com

☎ (930) 536-7616

📍 633 W Yellowstone Ave, Mills, WY
82644

EDUCATION

Doctor of Psychology in Clinical Psychology at University of Wyoming

Sep 2016 - May 2021

Some skills I've learned are how to administer and score psychological tests, how to do a psychological assessment, how to do cognitive behavioral therapy, and how to do research.

LINKS

[linkedin.com/in/berdinapostl](https://www.linkedin.com/in/berdinapostl)

SKILLS

Clinical Psychology

Psychotherapy

Substance Abuse Treatment

Counseling

Case Management

Crisis Intervention

LANGUAGES

English

Arabic

PROFILE

A highly experienced and certified Substance Abuse Psychologist with over 1 year of experience in the field. I have worked extensively with individuals who are struggling with addiction, helping them to overcome their challenges and achieve sobriety. In addition to my clinical work, I am also proficient in conducting research on substance abuse and its impact on mental health. My passion for helping others has driven me to become a leader in this field, advocating for evidence-based treatment methods that can truly make a difference in people's lives.

EMPLOYMENT HISTORY

● Substance Abuse Psychologist at Teton Counseling, WY

Apr 2022 - Present

- Led a team of clinicians in providing assessment and treatment services to clients with substance abuse disorders.
- Conducted individual, group, and family therapy sessions focused on helping clients overcome addiction.
- Developed and implemented treatment plans based on each client's unique needs.
- Monitored client progress and made necessary adjustments to their treatment plan accordingly.
- Provided crisis intervention services as needed.
- Collaborated with other professionals (e.g., psychiatrists, physicians) to ensure comprehensive care for clients.

● Substance Abuse Psychologist II at Wyoming Recovery, WY

Jul 2021 - Mar 2022

- Led a team of 4 therapists in providing evidence-based treatment to 20 clients with substance abuse disorders.
- Implemented an innovative new program that increased client retention rates by 15%.
- Successfully completed 100 hours of clinical training.
- Authored 2 peer-reviewed articles on the efficacy of evidence-based treatments for substance abuse disorders.
- Presented at 3 national conferences on the topic of treating substance abuse disorders.
- Served as a mentor to 5 junior clinicians.

CERTIFICATES

Licensed Clinical Psychologist

Sep 2020

Certified Addiction Specialist

Jan 2019

MEMBERSHIPS

American Psychological Association

National Association of Alcoholism and Drug Abuse Counselors