# Keyandrea Nettle

Substance Abuse Treatment Counselor

#### Profile

As a Substance Abuse Treatment Counselor, I have provided support to clients as they work through addiction and substance abuse issues. I have helped them to develop coping skills, explore treatment options and identify triggers. I am passionate about helping people overcome addiction and live healthy, fulfilling lives. In my previous role, I worked with clients in an outpatient setting for over 1 year. During this time, I developed a deep understanding of the challenges that our clients face on a daily basis. This experience has equipped me with the knowledge and skills necessary to provide effective counseling services to those struggling with addiction

### **Employment History**

# Substance Abuse Treatment Counselor at Sunflower Wellness Retreat, KS

Apr 2022 - Present

- Successfully counseled 100 patients with substance abuse issues.
- Successfully completed 80% of all required counseling hours for certification.
- Worked one-on-one with 50 patients to develop individualized treatment plans.
- Conducted 20 group therapy sessions focused on addiction and recovery topics.
- Provided referrals to outside agencies and resources for continued care after discharge from program.

## Substance Abuse Treatment Counselor II at Cottonwood Springs, KS

Sep 2021 - Mar 2022

- Provided individual and group counseling to 20 clients per week on average.
- Led weekly process groups with up to 10 participants.
- Wrote progress notes for each client after every session.
- Conducted intake assessments for new clients seeking treatment.
- Facilitated family therapy sessions once a month.

#### **Certificates**

**Certified Clinical Supervisor (CCS)** 

Jul 2021

National Certified Addiction Counselor (NCAC I or II)

Aug 2019

<u>keyandrea.nettle@gmail.com</u>

**(**187) 508-4906

• 1234 Maple St, Wichita, KS 67212

#### Education

### Associate of Arts in Substance Abuse Treatment Counseling at Wichita State University, KS

Aug 2017 - May 2021

Some skills I've learned are how to communicate with people who have substance abuse problems, how to understand addiction and how to help people overcome addiction.

#### Links

<u>linkedin.com/in/keyandreanettle</u>

#### **Skills**

Substance Abuse Treatment

Counseling

Psychotherapy

Addiction Recovery

**Substance Use Disorder Treatment** 

Case Management

**Crisis Intervention** 

#### Languages

English

Italian