

# Alesia Trabal

Tennis Academy

Coach

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## Details

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1585 W Maryland Ave, Baltimore, MD 21230

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## Profile

I have over three years of experience coaching tennis at academies. I am knowledgeable in the sport and passionate about helping my students improve their skills and succeed in competitions. I create tailored training programs for each student, based on their individual needs and goals. My students have gone on to win tournaments and receive scholarships to college tennis programs.

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## Employment History

### Tennis Academy Coach at The Maryland Tennis Academy, MD

Mar 2022 - Present

- Led team of 10 to state championships.
- Trained 5 students who went on to play Division 1 Tennis.
- Gave 100 private lessons.
- Coached 3 teams to undefeated seasons.
- Helped student-athletes earn \$5 million in scholarships.

### Assistant Tennis Academy Coach at The Washington Tennis Academy, MD

Aug 2019 - Jan 2022

- Successfully coached 10 junior tennis players, ages 8-16.
  - Organized and led daily on-court training sessions for up to 20 academy members.
  - Developed individualized training programs based on player's age, skill level, and goals.
  - Mentored new assistant coaches on proper coaching techniques and methods.
  - Recruited 2 new high-level players to join the academy.
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## Education

### High School Diploma at Montgomery Blair High School, MD

Sep 2015 - May 2019

I've learned how to effectively communicate with others, how to manage my time wisely, and how to work independently and as part of a team.

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## Links

[linkedin.com/in/alesiatrabal](https://www.linkedin.com/in/alesiatrabal)