# Katalena Junious

Tennis Instructor

katalena.junious@gmail.com



**(**277) 733-0133



• 1849 W Broadway Ave, Minneapolis, MN 55411

#### Education

## High School Diploma at Eden **Prairie High School**

Sep 2014 - May 2019

I've learned how to study for tests, how to manage my time, and how to do research.

#### Links

linkedin.com/in/katalenajunious

#### **Skills**

**Tennis** 

Racket sports

**Ball sports** 

Athlete development

Coaching

Sport psychology

Physical conditioning

### Languages

English

Dutch

## **Hobbies**

Organizing tennis tournaments Coaching tennis teams Giving private tennis lessons

#### **Profile**

I have over three years of professional experience as a tennis instructor. I am passionate about the game and enjoy teaching others how to improve their skills. I have developed strong relationships with my students and take pride in helping them reach their goals. In addition to private lessons, I also offer group clinics and camps for all levels of players.

## **Employment History**

#### Tennis Instructor at Tennis Instructor-1, MN

Apr 2022 - Present

- Trained 5 students who went on to play in college.
- Helped a student achieve a top-10 ranking in the state.
- Developed a training program that increased student's stamina by 30%.
- Taught 50 students how to serve correctly, resulting in an increase of winning games by 15%.
- Was asked to be a guest instructor at 10 different tennis camps.

#### Assistant Tennis Instructor at Tennis Instructor-2, MN

Jul 2019 - Mar 2022

- Assisted in the organization and planning of tennis clinics for both children and adults.
- Collaborated with other instructors to develop creative and effective lesson plans.
- Taught private and group lessons to players of all levels, from beginners to advanced.
- Helped players improve their skills by providing feedback and offering constructive criticism.
- Encouraged students to set goals and strive for continuous improvement.

#### Certificates

**USPTA Professional Tennis Instructor Certification** Jan 2021

PTR Professional Tennis Instructor Certification

Sep 2019

## Memberships

**United States Professional Tennis Association (USPTA)** 

National Professional Tennis Registry (NPTR)