

# Mikel Milazzo

Utilization Review

Nurse

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## Details

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## Profile

I am a Utilization Review Nurse with over 3 years of experience. I have a strong background in patient care and medical billing. I am well-versed in insurance policies and regulations, and I have a keen eye for detail. I excel at identifying opportunities for cost savings and improving efficiency within the healthcare system.

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## Employment History

### Utilization Review Nurse at Aetna, TN

Apr 2022 - Present

- Reviewed patient records to ensure that insurance requirements for length of stay were met.
- Coordinated with discharge planners to ensure smooth transitions for patients being discharged.
- Monitored trends in utilization and made recommendations to the Director of Nursing accordingly.
- Led educational sessions on proper documentation for staff nurses.
- Conducted audits of medical records to identify opportunities for improvement in documentation practices.
- Presented at a statewide conference on Utilization Review best practices.

### Utilization Review Nurse Manager at Cigna, TN

Jul 2019 - Feb 2022

- Reduced hospital admissions by 15% through effective utilization review.
  - Cut length of stay (LOS) by an average of 1.5 days per patient.
  - Achieved a 97% approval rating from insurance companies for inpatient requests.
  - Led a team of 10 Utilization Review Nurses and achieved departmental goals.
  - Monitored trends in denials and worked with staff to resolve issues leading to denials.
  - Presented at 3 national conferences on the topic of Utilization Review.
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## Education

### Associate Degree in Nursing at Middle Tennessee State University

Aug 2015 - May 2019

Patient assessment, critical thinking, and time management.

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## Links

[linkedin.com/in/mikelmilazzo](https://www.linkedin.com/in/mikelmilazzo)