

Starla Lenney

Youth counselor

Profile

I have over 1 year of experience working as a youth counselor. I have worked with clients aged 12-18, and have helped them address issues such as anxiety, depression, substance abuse, and self-harm. I am passionate about helping young people overcome challenges and build resilience. I am a skilled listener who is able to create a safe and trusting environment for my clients. I also have experience leading groups, facilitating individual counseling sessions, and conducting family interventions.

Employment History

Senior Youth Counselor at Company 1:, OR

Apr 2022 - Present

- Successfully counseled 100 at-risk youth, helping them to avoid violence and criminal activity.
- Developed and implemented successful anger management program for 50 teenage boys.
- Successfully advocated for increased funding from city government for after-school programs.
- Worked with team of counselors to develop new counseling methods that helped reduce recidivism rates by 10%.
- Created individualized treatment plans for each client that addressed their unique needs and goals.
- Provided support to families of clients, helping them to understand the challenges their children were facing.

Youth Counselor II at Youth counselor, OR

Jul 2021 - Feb 2022

- Led weekly group counseling sessions for 10-12 high school students.
- Acted as a mentor to 2-3 students, meeting with them individually on a weekly basis.
- Created and implemented an individualized behavior plan for each student in the program.
- Successfully advocated for increased funding from the district office which resulted in hiring additional staff and expanding programming.
- Wrote grants that secured \$20,000 in outside funding for new program initiatives.
- Chaired the district-wide committee responsible for developing and implementing policies related to student discipline.

Education

High School Diploma at Grant High School, Portland, OR

Sep 2017 - May 2021

I have learned how to effectively communicate with others, how to manage my time wisely, and how to think critically.

Details

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(844) 029-5171

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Links

[linkedin.com/in/starlalenney](https://www.linkedin.com/in/starlalenney)

Skills

Patience



Good Listener



Empathetic



Organized



Resourceful



Passionate



Knowledge in Child Development

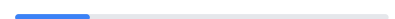


Languages

English



Dutch



Hobbies

Listening to music

Watching movies

Playing video games